#### WATJEN THOMAS R

Form 4

December 14, 2011

# FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB

Check this box if no longer subject to

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

3235-0287 Number: January 31, Expires:

2005

**OMB APPROVAL** 

Section 16. Form 4 or Form 5

**SECURITIES** 

Estimated average burden hours per 0.5 response...

obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * WATJEN THOMAS R  (Last) (First) (Middle)			Issuer Name and Ticker or Trading     Symbol     Unum Group [UNM]	5. Relationship of Reporting Person(s) to Issuer  (Check all applicable)		
			3. Date of Earliest Transaction	(Energia un applicable)		
			(Month/Day/Year)	X Director 10% Owner		
1 FOUNTAIN SQUARE			12/12/2011	X Officer (give title Other (specify below)		
				President and CEO		
(Street)			4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
			Filed(Month/Day/Year)	Applicable Line)		
CHATTANOOGA, TN 37402				_X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

(City)	(State)	(Zip) Tabl	e I - Non-D	Derivative Securities Acqu	ired, Disposed of	or Beneficiall	y Owned
1.Title of	2. Transaction Date	2A. Deemed	3.	4. Securities Acquired	5. Amount of	6.	7. Nature of
Security	(Month/Day/Year)	Execution Date, if	Transactio	on(A) or Disposed of (D)	Securities	Ownership	Indirect
(Instr. 3)		any	Code	(Instr. 3, 4 and 5)	Beneficially	Form: Direct	Beneficial
		(Month/Day/Year)	(Instr. 8)		Owned	(D) or	Ownership
					Following	Indirect (I)	(Instr. 4)
					Reported	(Instr 4)	

(Instr. 3)		any (Month/Day/Year)	Code (Instr. 8)	(Instr. 3, 4 and 5)		Beneficially Owned Following	Form: Direct (D) or Indirect (I)	Beneficial Ownership (Instr. 4)	
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)	
Common Stock	12/12/2011		M(1)	12,326	A	\$ 18	890,880 (2)	D	
Common Stock	12/12/2011		M <u>(1)</u>	1,642	A	\$ 21	892,522 (3)	D	
Common Stock	12/13/2011		S(1)	3,082	D	\$ 21.15	889,440 (4)	D	
Common Stock	12/13/2011		S(1)	411	D	\$ 21.15	889,029 (5)	D	
Common Stock							12,911.992	I	By 401(k) Plan

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	Secur Secur Acqu or Di (D) (Instr	Securities (Month/Day/Year) Acquired (A) or Disposed of		e	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Share
Employee Stock Option (right to buy)	\$ 18	12/12/2011		M <u>(1)</u>		12,326	12/12/2005	12/12/2011	Common Stock	12,326
Employee Stock Option (right to buy)	\$ 21	12/12/2011		M(1)		1,642	12/12/2006	12/12/2011	Common Stock	1,642

# **Reporting Owners**

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
WATJEN THOMAS R 1 FOUNTAIN SQUARE CHATTANOOGA, TN 37402	X		President and CEO				

## **Signatures**

/s/ Jullienne, J. Paul,
Attorney-in-Fact 12/14/2011

\*\*Signature of Reporting Person Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

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- (1) The transactions reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on August 22, 2011.
- (2) Includes 251,015 restricted stock units, which may be settled, on a 1-for-1 basis, only in shares of common stock ("stock-settled RSUs"), and 639,864 shares of common stock. Fractional amounts have been rounded to the nearest whole number.
- (3) Includes 251,015 stock-settled RSUs and 641,506 shares of common stock. Fractional amounts have been rounded to the nearest whole number.
- (4) Includes 251,015 stock-settled RSUs and 638,424 shares of common stock. Fractional amounts have been rounded to the nearest whole number.
- (5) Includes 251,015 stock-settled RSUs and 638,013 shares of common stock. Fractional amounts have been rounded to the nearest whole number.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.