

J2 GLOBAL COMMUNICATIONS INC  
 Form 4  
 September 02, 2005

**FORM 4**

UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
 Washington, D.C. 20549

OMB APPROVAL

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**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
**BECH DOUGLAS Y**

(Last) (First) (Middle)

C/O J2 GLOBAL COMMUNICATIONS INC, 6922 HOLLYWOOD BLVD/LEGAL DEPT - 5TH FL.

(Street)

LOS ANGELES, CA 90028

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol  
**J2 GLOBAL COMMUNICATIONS INC [jcom]**

3. Date of Earliest Transaction (Month/Day/Year)  
 08/31/2005

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Director  10% Owner  
 Officer (give title below)  Other (specify below)

6. Individual or Joint/Group Filing(Check Applicable Line)

Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
				(A) Amount (D) Price			
Common Stock, \$0.01 par value	08/31/2005		A <sup>(1)</sup>	10,000 A \$ 0 <sup>(2)</sup>	45,702	D <sup>(3)</sup>	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

number.

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Amount or Number of Shares	
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Options to purchase Common Stock <sup>(4)</sup>	\$ 37.53	08/31/2005		A	6,000	08/31/2006	08/31/2015	Common Stock, \$0.01 par value	6,000
Options to purchase Common Stock <sup>(4)</sup>	\$ 37.53	08/31/2005		A	6,000	08/31/2007	08/31/2015	Common Stock, \$0.01 par value	6,000
Options to purchase Common Stock <sup>(4)</sup>	\$ 37.53	08/31/2005		A	6,000	08/31/2008	08/31/2015	Common Stock, \$0.01 par value	6,000
Options to purchase Common Stock <sup>(4)</sup>	\$ 37.53	08/31/2005		A	6,000	08/31/2009	08/31/2015	Common Stock, \$0.01 par value	6,000
Options to purchase Common Stock <sup>(4)</sup>	\$ 37.53	08/31/2005		A	6,000	08/31/2010	08/31/2015	Common Stock, \$0.01 par value	6,000

## Reporting Owners

Reporting Owner Name / Address

Relationships

Director 10% Owner Officer Other

BECH DOUGLAS Y  
C/O J2 GLOBAL COMMUNICATIONS INC  
6922 HOLLYWOOD BLVD/LLEGAL DEPT - 5TH FL.  
LOS ANGELES, CA 90028

X

## Signatures

/s/Douglas Y.  
Bech

09/02/2005

\*\*Signature of  
Reporting Person

Date

## Explanation of Responses:

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- Restricted Stocks awarded under the Issuer's Second Amended and Restated 1997 Stock Option Plan. The restricted shares are subject to a five-year restriction period which commences on the date of the award with restrictions lapsing as to 10% of the shares on the first anniversary of the date of the award, 15% of the shares on the second anniversary, 20% on the third, 25% on the fourth, and 30% on the fifth anniversary of the date of the award.
- (1) Restricted Stocks granted for services rendered; no value placed on services rendered.
  - (2) In addition to the shares directly held by the Reporting Person, the Reporting Person indirectly holds 5,026 shares of the Issuer as a trustee of the AY Bech Trust of 1984 and 5,026 shares of the Issuer as a trustee of the KE Bech Trust of 1984.
  - (3) Stock Options granted pursuant to Issuer's Second Amended and Restated 1997 Stock Option Plan.
  - (4) Stock Options granted for services rendered; no value placed on services rendered.
  - (5)

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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