REGNELL THOMAS L

Form 4

January 03, 2013

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB Number:

3235-0287

Expires:

January 31, 2005

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may continue.

See Instruction

Check this box

SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Last)

(Print or Type Responses)

1. Name and Address of Reporting Person * REGNELL THOMAS L

2. Issuer Name and Ticker or Trading

Symbol

WASHINGTON REAL ESTATE

5. Relationship of Reporting Person(s) to Issuer

INVESTMENT TRUST [WRE]

(Check all applicable)

6110 EXECUTIVE BOULEVARD,

(First)

3. Date of Earliest Transaction (Month/Day/Year)

_X__ Officer (give title below)

10% Owner Other (specify

(Street)

12/31/2012

Sr. V.P. - Acquisitions

SUITE 800

4. If Amendment, Date Original

6. Individual or Joint/Group Filing(Check Applicable Line)

Director

Filed(Month/Day/Year)

(Middle)

X Form filed by One Reporting Person Form filed by More than One Reporting

ROCKVILLE, MD 20852

(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially O							
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactio Code (Instr. 8)	4. Securities Acquired tion(A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
C			Code V	Amount	(D)	Price	(msu. 3 and 4)		
Common Stock	12/31/2012		M	6,400	A	\$0	64,876.11	D	
Common Stock	12/31/2012		F	146	D	\$ 26.15	64,730.11	D	
Common Stock	12/31/2012		F	170	D	\$ 26.15	64,560.11	D	
Common Stock	12/31/2012		F	2,061	D	\$ 26.15	62,499.11	D	
Common Stock	12/31/2012		F	577	D	\$ 26.15	61,922.11	D	

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Common Stock	01/01/2013	A	1,652 (1)	A	\$0	63,574.11	D	
Common Stock	01/01/2013	A	1,652 (1)	A	\$ 0	65,226.11	D	
Common Stock						1,150	I	by Spouse

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	Transaction Derivative Code Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Restricted Stock Unit	\$ 0 (2)	12/31/2012		M		6,400	12/31/2012	12/31/2012	Common Stock	6,400

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
REGNELL THOMAS L 6110 EXECUTIVE BOULEVARD, SUITE 800 ROCKVILLE, MD 20852			Sr. V.P Acquisitions				
Signatures							

By: Thomas C. Morey For: Thomas 1. 01/03/2013 Regnell **Signature of Reporting Person Date

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted Share Award that vests ratably over 3 years on 12/31/13, 12/31/14 and 12/31/15.
- (2) one for one

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.