

WASHINGTON REAL ESTATE INVESTMENT TRUST  
Form 8-K  
March 17, 2003

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## SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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### FORM 8-K

#### CURRENT REPORT

#### PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of Report (Date of earliest event reported) **March 17, 2003**

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### WASHINGTON REAL ESTATE INVESTMENT TRUST

(Exact name of registrant as specified in its charter)

**Maryland**  
(State or other jurisdiction  
of incorporation)

**1-6622**  
(Commission File Number)

**53-0261100**  
(IRS Employer  
Identification Number)

**6110 Executive Boulevard, Suite 800, Rockville, Maryland 20852**  
(Address of principal executive offices) (Zip Code)

Registrant's telephone number, including area code **(301) 984-9400**

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#### Item 5. Other Events

On March 17, 2003, Washington Real Estate Investment Trust completed the sale of \$60,000,000 aggregate principal amount of its 5<sup>1</sup>/<sub>8</sub>% Senior Notes due March 15, 2013 (the "Notes"). Attached hereto as exhibits are copies of the Officers' Certificate establishing the terms of the Notes and the form of the Notes.

#### Item 7. Financial Statements and Exhibits.

(c)

Exhibits

4(a)

Officers' Certificate establishing the terms of the Notes, dated March 12, 2003

4(b)

Form of 5<sup>1</sup>/<sub>8</sub>% Senior Notes due March 15, 2013

**SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

**WASHINGTON REAL ESTATE INVESTMENT TRUST**

By: /s/ SARA L. GROOTWASSINK

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Sara L. Grootwassink  
Chief Financial Officer

March 17, 2003

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**QuickLinks**

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[SIGNATURES](#)