

TOMPKINS FINANCIAL CORP  
Form 11-K  
June 29, 2010  
UNITED STATES

SECURITIES AND EXCHANGE COMMISSION  
WASHINGTON, D.C. 20549

FOR ANNUAL REPORTS OF EMPLOYEE STOCK  
PURCHASE, SAVINGS AND SIMILAR PLANS  
PURSUANT TO SECTION 15(d) OF THE  
SECURITIES EXCHANGE ACT OF 1934

FORM 11-K

ANNUAL REPORT TO SECTION 15(d) OF THE  
SECURITIES EXCHANGE ACT OF 1934

For the Fiscal year ended: December 31, 2009

TRANSITION REPORT PURSUANT TO SECTION 15(d) OF THE  
SECURITIES EXCHANGE ACT OF 1934

For the transition period from \_\_\_\_ to \_\_\_\_

Commission File Number: 1-12709

TOMPKINS FINANCIAL CORPORATION INVESTMENT AND STOCK OWNERSHIP  
PLAN  
(Full title of Plan)

TOMPKINS FINANCIAL CORPORATION  
(Name of issuer of the securities held pursuant to the Plan)

P.O. Box 460, The Commons  
Ithaca, New York 14851  
(607) 273-3210  
(Address of principal executive offices)

TOMPKINS FINANCIAL CORPORATION  
INVESTMENT AND STOCK OWNERSHIP PLAN

ITHACA, NEW YORK

AUDITED FINANCIAL STATEMENTS

SUPPLEMENTAL SCHEDULES

AND

REPORT OF INDEPENDENT REGISTERED  
PUBLIC ACCOUNTING FIRM

DECEMBER 31, 2009 AND 2008

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REPORT OF INDEPENDENT REGISTERED PUBLIC ACCOUNTING FIRM

Audit Committee  
Tompkins Financial Corporation  
Investment and Stock Ownership Plan

We have audited the accompanying statements of net assets available for benefits of the Tompkins Financial Corporation Investment and Stock Ownership Plan as of December 31, 2009 and 2008, and the related statements of changes in net assets available for benefits for the years then ended. These financial statements are the responsibility of the Plan's management. Our responsibility is to express an opinion on these financial statements based on our audits.

We conducted our audits in accordance with the standards of the Public Company Accounting Oversight Board (United States). Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement. The Plan is not required to have, nor were we engaged to perform, an audit of its internal controls over financial reporting. Our audits included consideration of internal control over financial reporting as a basis for designing audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Plan's internal control over financial reporting. Accordingly, we express no such opinion. An audit also includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements, assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation. We believe that our audits provide a reasonable basis for our opinion.

In our opinion, the financial statements referred to above present fairly, in all material respects, the net assets available for benefits of the Plan as of December 31, 2009 and 2008, and the changes in net assets available for benefits for the years then ended, in conformity with accounting principles generally accepted in the United States of America.

Our audits were performed for the purpose of forming an opinion on the financial statements taken as a whole. The supplemental Schedule of Assets Held for Investment Purposes At End of Year – December 31, 2009 and Schedule of Reportable Transactions – Year Ended December 31, 2009, are presented for the purpose of additional analysis and are not a required part of the basic financial statements, but are supplementary information required by the Department of Labor's Rules and Regulations for Reporting and Disclosure under the Employee Retirement Income Security Act of 1974. These supplemental schedules are the responsibility of the Plan's management. The supplemental schedules have been subjected to the auditing procedures applied in the audit of the basic 2009 financial statements, and in our opinion, are fairly stated in all material respects in relation to the basic 2009 financial statements taken as a whole.

Elmira, New York  
June 28, 2010

TOMPKINS FINANCIAL CORPORATION  
INVESTMENT AND STOCK OWNERSHIP PLAN

STATEMENTS OF NET ASSETS AVAILABLE FOR BENEFITS

	December 31,	
	2009	2008
<b>ASSETS</b>		
Investments, at fair value:		
Tompkins Financial Corporation common stock	\$ 5,275,002	\$ 6,981,294
Mutual funds	9,352,228	22,269,687
Pooled market value separate accounts	14,053,664	—
Guaranteed Income Fund	6,206,560	—
Participant notes receivable	1,147,290	993,663
TOTAL INVESTMENTS	36,034,744	30,244,644
Accrued income receivable	—	5,787
Contributions receivable	451,833	381,778
TOTAL ASSETS	36,486,577	30,632,209
<b>LIABILITY – cash overdraft</b>		
	—	153
NET ASSETS AVAILABLE FOR BENEFITS	\$ 36,486,577	\$ 30,632,056

The accompanying notes are an integral part of the financial statements.

TOMPKINS FINANCIAL CORPORATION  
INVESTMENT AND STOCK OWNERSHIP PLAN

STATEMENTS OF CHANGES IN NET ASSETS AVAILABLE FOR BENEFITS

	Year ended December 31,	
	2009	2008
<b>ADDITIONS</b>		
Additions to net assets attributed to:		
Investment income:		
Interest and dividends	\$520,933	\$1,101,773
Net appreciation (depreciation) in fair value of investments	3,688,685	(8,336,396 )
Participant note interest	54,987	62,555
	4,264,605	(7,172,068 )
Contributions:		
Employer	1,229,548	1,184,500
Participant	2,984,925	2,846,785
Rollover	223,148	1,039,512
	4,437,621	5,070,797
Transfer from Tompkins Financial Corporation Employee Stock Ownership Plan	67,817	523,840
TOTAL NET ADDITIONS	8,770,043	(1,577,431 )
<b>DEDUCTIONS</b>		
Deductions from net assets attributed to:		
Benefits paid to participants	2,915,522	3,650,422
TOTAL DEDUCTIONS	2,915,522	3,650,422
NET INCREASE (DECREASE)	5,854,521	(5,227,853 )
Net assets available for benefits at beginning of year	30,632,056	35,859,909
NET ASSETS AVAILABLE FOR BENEFITS AT END OF YEAR	\$36,486,577	\$30,632,056

The accompanying notes are an integral part of the financial statements.

TOMPKINS FINANCIAL CORPORATION  
INVESTMENT AND STOCK OWNERSHIP PLAN

NOTES TO FINANCIAL STATEMENTS

DECEMBER 31, 2009 AND 2008

NOTE A: DESCRIPTION OF PLAN

The following description of the Tompkins Financial Corporation Investment and Stock Ownership Plan (the "Plan") provides only general information. Participants should refer to the Plan agreement for a more complete description of the Plan's provisions.

General

The Plan is a defined contribution plan covering eligible employees who have met certain age and service requirements. The Plan is administered by the Executive, Compensation/Personnel Committee appointed by Tompkins Financial Corporation's Board of Directors, and is subject to the provisions of the Employee Retirement Income Security Act of 1974 (ERISA). All investments of the Plan are participant directed.

Eligibility

All employees are eligible to begin voluntary contributions and receive matching contributions on the first day of the month coinciding with attaining the age of twenty-one. Employees are eligible for discretionary contributions on the first day of the month coinciding with completing one year of credited service and attaining the age of twenty-one. Leased employees, employees covered under a collective bargaining agreement and "On Call" employees are not eligible to participate.

Vesting

Participants are immediately vested in all contributions and earnings thereon.

Contributions

Participants may contribute their entire eligible compensation, as defined, subject to certain Internal Revenue Service limitations. The Plan sponsor matching contributions are equal to 100% of the first 3% of elective deferral and 50% of the next 2% of elective deferral.

Additionally, the Plan sponsor may contribute amounts annually at the discretion of the Board of Directors based on a percentage of the total compensation of all eligible participants during any plan year. Participants are given the opportunity to elect to receive in cash that portion of their allocation, which the Board shall designate as eligible for cash election for the Plan year, or they may elect to allocate all or part to their plan account maintained on their behalf in the Plan. The Board approved a 4% contribution for 2009 and 2008.

Participant notes receivable

Loans may be made to participants for a maximum of \$50,000, but no more than 50% of the participant's vested account balance. The loans are secured by the balance of the participant's account and bear interest at the bank prime rate plus 1% at the time of the loan. Principal and interest is paid through payroll deductions over a term of one to five years, except loans used to purchase a participant's principal residence which may exceed five years.

TOMPKINS FINANCIAL CORPORATION  
INVESTMENT AND STOCK OWNERSHIP PLAN

NOTES TO FINANCIAL STATEMENTS, Cont'd

DECEMBER 31, 2009 AND 2008

NOTE A: DESCRIPTION OF PLAN, Cont'd

Diversification and transfers

Under the Tompkins Financial Corporation Employee Stock Ownership Plan document, participants meeting certain age and service requirements may elect to diversify the eligible portion of the Company stock held in their account. The funds elected to be diversified are transferred to the Plan and invested into funds as chosen by the participant. During 2009 and 2008, participants transferred \$67,817 and \$523,840, respectively.

Participants' accounts

Each participant's account is credited with the participant's elective deferral, an allocation of the Company's matching and discretionary contributions and allocation of plan earnings. Allocations of company contributions are based upon the participant's compensation and the allocations of plan earnings are based upon participant account balances. The benefit to which a participant is entitled is the benefit that can be provided from the participant's account.

Payment of benefits

Upon termination of service, the participant's account is either maintained in the Plan, transferred to an individual retirement account in the participant's name, directly rolled over into a qualified retirement plan or paid to the participant in a lump sum.

NOTE B: SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

Basis of accounting

The financial statements of the Plan are prepared under the accrual method of accounting.

Investment valuation and income recognition

The Plan's investments are stated at fair value. Purchases and sales of investments are recorded on a trade-date basis. Interest income is accrued when earned. Dividends are recorded on the ex-dividend date.

Following is a description of the valuation methodologies used for assets measured at fair value:

Tompkins Financial Corporation common stock

Tompkins Financial Corporation common stock is valued at the market value as listed on the American Stock Exchange for publicly traded securities.

Mutual funds

Mutual funds are valued at quoted market prices.

Pooled market value separate accounts

The funds are organized as pooled separate accounts of Prudential Retirement Insurance and Annuity Company (PRIAC), an ultimate wholly-owned subsidiary of Prudential Financial, Inc., as investment vehicles for qualified retirement plans.





TOMPKINS FINANCIAL CORPORATION  
INVESTMENT AND STOCK OWNERSHIP PLAN

NOTES TO FINANCIAL STATEMENTS, Cont'd

DECEMBER 31, 2009 AND 2008

NOTE B: SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES, Cont'd

The value of each fund and of each unit of participation is determined at the close of each day in which PRIAC and the New York Stock Exchange are open for business or as determined by PRIAC ("Valuation Date"). Units of participation in each Fund are issued and redeemed only on a Valuation Date, at the value so determined.

Guaranteed income fund (GIF)

Under the group annuity insurance contract that supports this product, participants may ordinarily direct permitted withdrawal or transfers of all or a portion of their account balance at Contract Value within reasonable timeframes. Contract Value represents deposits made to the contract, plus earnings at guaranteed crediting rates, less withdrawals and fees. The GIF is a benefit responsive annuity contract. This product is not a traditional guaranteed insurance contract and therefore there are not any known cash flows that could be discounted. As a result, the fair value shown is equal to Contract Value.

The average yield earned by the Plan and its participants was 3.75%. Generally there are not any events that could limit the ability of the Plan to transact at Contract Value paid within 90 days or in rare circumstances, Contract Value paid over time. There are not any events that allow the issuer to terminate the contract and which require the Plan sponsor to settle at an amount different than Contract Value paid either within 90 days or over time.

Participant notes receivable

Participant notes receivable are valued at cost which approximates fair value.

Administrative expenses

The Plan sponsor has elected to pay certain administrative expenses of the Plan.

Use of estimates in the preparation of financial statements

The preparation of financial statements in conformity with accounting principles generally accepted in the United States of America requires the Plan's management to make estimates and assumptions that affect the reported amounts of assets and liabilities and changes therein, and disclosure of contingent assets and liabilities. Actual results could differ from those estimates and assumptions.

Payment of benefits

Benefits are recorded when paid.

Subsequent events

The Plan has evaluated subsequent events and determined no subsequent events have occurred requiring adjustments to financial statement disclosures.

TOMPKINS FINANCIAL CORPORATION  
INVESTMENT AND STOCK OWNERSHIP PLAN

NOTES TO FINANCIAL STATEMENTS, Cont'd

DECEMBER 31, 2009 AND 2008

NOTE C: FAIR VALUE MEASUREMENTS

Financial Accounting Standards Board (“FASB”) ASC 820-10 (formerly FASB Statement No. 157 Fair Value measurements), establishes a framework for measuring fair value. That framework provides a fair value hierarchy that prioritizes the inputs to valuation techniques used to measure fair value. The hierarchy gives the highest priority to unadjusted quoted prices in active markets for identical assets or liabilities (Level 1 measurements) and the lowest priority to unobservable inputs (Level 3 measurements). The three levels of the fair value hierarchy under FASB ASC 820-10 are as follows:

- Level 1 - Inputs to the valuation methodology are unadjusted quoted prices for identical assets or liabilities in active markets that the Plan has the ability to access.
  
- Level 2 - Inputs to the valuation methodology include:
  - Quoted prices for similar assets or liabilities in active markets;
  - Quoted prices for identical or similar assets or liabilities in inactive markets;
  - Inputs other than quoted prices that are observable for the asset or liability;
  - Inputs that are derived principally from or corroborated by observable market data by correlation or other means.

If the asset or liability has a specified (contractual) term, the Level 2 input must be observable for substantially the full term of the asset or liability.

- Level 3 - Inputs to the valuation methodology are unobservable and significant to the fair value measurement.

The asset’s or liability’s fair value measurement level within the fair value hierarchy is based on the lowest level of any input that is significant to the fair value measurement. Valuation techniques used need to maximize the use of observable inputs and minimize the use of unobservable inputs.

The following disclosures are required by FASB ASC 820-10-55 and FASB ASU 2009-12, “Investments in Certain Entities That Calculate Net Asset Value Per Share”:

The fair values of these funds have been calculated using the net asset value per share of the underlying investments. There are no unfunded commitments for the pooled market value separate accounts as of December 31, 2009. There is no waiting period or other restrictions on redemptions from pooled market value separate accounts. The following are descriptions of the pooled market value separate accounts:

Large Cap Growth – Waddle & Reed Fund

This fund invests primarily in U.S. Stocks. The fund seeks to provide long-term growth of capital and to outperform the Russell 1000 Growth Index over the long-term.

TOMPKINS FINANCIAL CORPORATION  
INVESTMENT AND STOCK OWNERSHIP PLAN

NOTES TO FINANCIAL STATEMENTS, Cont'd

DECEMBER 31, 2009 AND 2008

NOTE C: FAIR VALUE MEASUREMENTS, Cont'd

Core Plus Bond – Pimco Fund

This fund invests primarily in U.S. Bonds. The fund seeks to exceed the return of the Barclay's Capital U.S. Aggregate Bond Index, consistent with preservation of capital by investing in a diversified portfolio of fixed income securities.

Mid Cap Value – Systematic Fund

This fund invests primarily in U.S. Stocks. The fund seeks to provide capital appreciation and to outperform the Russell Midcap Value Index over the long-term. The securities of mid-capitalization companies involve greater risks than those associated with larger, more established companies and may be subject to more abrupt or erratic price movements.

Mid Cap Growth – Frontier Fund

This fund invests primarily in U.S. Stocks. The fund seeks to provide capital appreciation and to outperform the Russell Midcap Growth Index over the long-term. The securities of mid-capitalization companies involve greater risks than those associated with larger, more established companies and may be subject to more abrupt or erratic price movements

Dryden S&P 500 Index Fund

This fund invests primarily in U.S. Stocks. The fund is constructed to reflect the composition of the S&P 500 Index. It seeks to provide long-term growth of capital and income.

Large Cap Blend – Victory Fund

This fund invests primarily in U.S. Stocks. The fund seeks to provide long-term growth of capital by investing in equity securities and equity securities convertible into common stocks traded on the U.S. exchanges and issued by large, established companies. The fund invests in both value and growth securities.

The preceding methods as described above may produce a fair value calculation that may not be indicative of net realizable value or reflective of future fair values. Furthermore, while the Plan believes its valuation methods are appropriate and consistent with other market participants, the use of different methodologies or assumptions to determine the fair value of certain financial instruments could result in a different fair value measurement at the reporting date.

TOMPKINS FINANCIAL CORPORATION  
INVESTMENT AND STOCK OWNERSHIP PLAN

NOTES TO FINANCIAL STATEMENTS, Cont'd

DECEMBER 31, 2009 AND 2008

NOTE C: FAIR VALUE MEASUREMENTS, Cont'd

The following table sets forth by Level, within the fair value hierarchy, the Plan's assets at fair value as of December 31, 2009 and 2008:

	Level 1	Level 2	Level 3	Total
<b>December 31, 2009</b>				
Common stock	\$5,275,002	\$—	\$—	\$5,275,002
Mutual funds	9,352,228	—	—	9,352,228
Pooled market value separate accounts	—	14,053,664	—	14,053,664
Guaranteed income fund	—	—	6,206,560	6,206,560
Participant notes receivable	—	—	1,147,290	1,147,290
Total assets at fair value	\$14,627,230	\$14,053,664	\$7,353,850	\$36,034,744
<b>December 31, 2008</b>				
Common stock	\$6,981,294	\$—	\$—	\$6,981,294
Mutual funds	22,269,687	—	—	22,269,687
Participant notes receivable	—	—	993,663	993,663
Total assets at fair value	\$29,250,981	\$—	\$993,663	\$30,244,644

The following table sets forth a summary of changes in the fair value of the Plan's Level 3 assets for the years ended December 31, 2009 and 2008:

<b>Participant loans</b>	
Balance at beginning of year, January 1, 2008	\$ 878,413
Purchases, sales, issuances and settlements, net	115,250
Balance at end of year, December 31, 2008	993,663
Purchases, sales, issuances and settlements, net	153,627
Balance at end of year, December 31, 2009	\$ 1,147,290
<b>Guaranteed income fund</b>	
Balance at beginning of year, January 1, 2009	\$ —
Purchases, sales, issuances and settlements, net	6,206,560
Balance at end of year, December 31, 2009	\$ 6,206,560



TOMPKINS FINANCIAL CORPORATION  
INVESTMENT AND STOCK OWNERSHIP PLAN

NOTES TO FINANCIAL STATEMENTS, Cont'd

DECEMBER 31, 2009 AND 2008

NOTE D: INVESTMENTS

The following presents the fair value of investments and the net appreciation (depreciation) in fair value. Investments that represent 5% or more of the Plan's net assets are separately identified:

	December 31,	
	2009 Fair value at end of year	2008 Fair value at end of year
Tompkins Financial Corporation common stock	\$5,275,002	\$6,981,294
Mutual funds:		
American – Europacific Growth R4	3,912,180	—
Eaton Vance Large Cap Value A	5,084,484	—
Wright Major Blue Chip	—	1,951,809
Wright International Blue Chip	—	1,302,722
Federated Prime Obligations	—	3,250,380
Federated Kaufmann	—	3,755,732
Janus Advisory Forty	—	1,423,309
Other	355,564	10,585,735
	9,352,228	22,269,687
Pooled market value separate accounts:		
Large Cap Growth – Waddle & Reed	4,928,873	—
Core Plus Bond – Pimco	4,171,088	—
Mid Cap Value – Systematic	2,043,841	—
Mid Cap Growth – Frontier	2,444,773	—
Other	465,089	—
	14,053,664	—
Group Annuity Contract:		
Guaranteed Income Fund	6,206,560	—
Participant notes receivable	1,147,290	993,663
	\$36,034,744	\$30,244,644



TOMPKINS FINANCIAL CORPORATION  
INVESTMENT AND STOCK OWNERSHIP PLAN

NOTES TO FINANCIAL STATEMENTS, Cont'd

DECEMBER 31, 2009 AND 2008

NOTE D: INVESTMENTS, Cont'd

The investments appreciated (depreciated) in fair value as follows:

	Year ended December 31,	
	2009	2008
Tompkins Financial Corporation common stock	\$(2,108,208 )	\$2,541,569
Mutual funds	4,772,490	(10,877,965)
Pooled market value separate accounts	1,024,403	—
	\$3,688,685	\$(8,336,396 )

NOTE E: TAX STATUS

The Internal Revenue Service has determined and informed the Plan sponsor by a letter dated January 13, 2005, that the Plan and related trust are designed in accordance with the applicable sections of the Internal Revenue Code (IRC). The Plan has been amended since receiving the determination letter. However, the Plan administrator and the Plan's legal counsel believe that the Plan is designed and is currently being operated in compliance with the applicable requirements of IRC.

NOTE F: PLAN TERMINATION

Although it has not expressed any intent to do so, the Plan sponsor has the right under the Plan to discontinue its contributions at any time and to terminate the Plan subject to the provisions of ERISA. In the event of Plan termination, participants have a fully vested interest in their accounts and their accounts will be paid to them as provided by the Plan document.

NOTE G: TRANSACTIONS WITH PARTIES-IN-INTEREST

Tompkins Financial Corporation is the Plan sponsor and the Trust Department of Tompkins Trust Company acted as trustee for the Plan's assets through September 30, 2009. In addition, the Plan invests in Tompkins Financial Corporation common stock which represents approximately 14% and 23% of net assets available for benefits at December 31, 2009 and 2008, respectively.

NOTE H: RISKS AND UNCERTAINTIES

The Plan invests in various types of investment securities. Investment securities are exposed to various risks, such as interest rate, market and credit risks. Due to the level of risk associated with certain investment securities, it is at least reasonably possible that changes in the values of investment securities will occur in the near term and that such changes could materially affect participants' account balances and the amounts reported in the accompanying statements of net assets available for benefits.



TOMPKINS FINANCIAL CORPORATION  
INVESTMENT AND STOCK OWNERSHIP PLAN

NOTES TO FINANCIAL STATEMENTS, Cont'd

DECEMBER 31, 2009 AND 2008

NOTE I: RECONCILIATION OF THE FINANCIAL STATEMENTS TO FORM 5500

The following is a reconciliation of net assets available for plan benefits per the financial statements to Form 5500:

	December 31,	
	2009	2008
Net assets available for benefits per the financial statements	\$ 36,486,577	\$ 30,632,056
Less: contributions receivable	(451,833 )	(381,778 )
Net assets available for benefits per Form 5500	\$ 36,034,744	\$ 30,250,278

The following is a reconciliation of participant contributions per the financial statements to Form 5500:

	Year ended December 31,	
	2009	2008
Participant contributions per the financial statements	\$ 2,984,925	\$ 2,846,785
Add: prior year contributions receivable	381,778	316,988
Less: current year contributions receivable	(451,833 )	(381,778 )
Participant contributions per the Form 5500	\$ 2,914,870	\$ 2,781,995

As discussed in Note A, participants are given the opportunity to elect to receive in cash that portion of their profit sharing allocation which the Board of Directors shall designate as eligible for cash election for the Plan year or they may elect to allocate all or part to their plan account maintained on their behalf in the Plan. These elective deferrals are not made by the participant until the year subsequent to the year in which the profit sharing percentage is approved. Therefore, these elective deferrals are accrued as a receivable to the Plan in the Plan year that the profit sharing amount is approved. However, these elective deferrals are considered in the relevant non-discrimination testing in the year that they are received by the Plan.

TOMPKINS FINANCIAL CORPORATION  
INVESTMENT AND STOCK OWNERSHIP PLAN

SUPPLEMENTAL SCHEDULES

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TOMPKINS FINANCIAL CORPORATION  
INVESTMENT AND STOCK OWNERSHIP PLAN  
EIN: 16-1601018  
PLAN #: 002

FORM 5500 – SCHEDULE H – PART IV

ITEM 4i - SCHEDULE OF ASSETS HELD FOR INVESTMENT PURPOSES AT END OF YEAR - DECEMBER  
31, 2009

(a)  Party in interest	(b)  Identity of issue, borrower, lessor or similar party	(c)  Description of investment, including maturity date, rate of interest, collateral, par or maturity value	(e)  Current Value
	Prudential Retirement Insurance and Annuity Company	Guaranteed Income Fund	\$ 6,206,560
	Prudential Retirement Insurance and Annuity Company	Large Cap Growth Waddle and Reed	4,928,873
	Prudential Retirement Insurance and Annuity Company	Core Plus Bond/Pimco	4,171,088
	Prudential Retirement Insurance and Annuity Company	Mid Cap Value/Systematic	2,043,841
	Prudential Retirement Insurance and Annuity Company	Mid Cap Growth/Frontier	2,444,773
	Prudential Retirement Insurance and Annuity Company	Dryden S&P 500 Index Fund	206,935
	Prudential Retirement Insurance and Annuity Company	Large Cap Blend/Victory	258,154
	Prudential Mutual Funds	Neubrgr Brmn Genesis Adv	355,564
	Prudential Mutual Funds	Amer:Europacific Growth R4	3,912,180
	Prudential Mutual Funds	EatonVance Lg Cap Val A	5,084,484
*	Tompkins Financial Corporation	Tompkins Financial Corporation Common Stock	5,275,002
	Participant notes receivable	3.24% - 8.25%	1,147,290

TOTAL INVESTMENTS	\$	36,034,744
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Note: Certain cost information in column (d) is not required to be disclosed as investments are participant directed under an individual account plan.

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TOMPKINS FINANCIAL CORPORATION  
INVESTMENT AND STOCK OWNERSHIP PLAN  
EIN: 16-1601018  
PLAN #: 002

## FORM 5500 – SCHEDULE H – PART IV

## ITEM 4j- SCHEDULE OF REPORTABLE TRANSACTIONS - YEAR ENDED DECEMBER 31, 2009

Reportable transactions are transactions or a series of transactions in excess of 5% of the value of the Plan assets as of January 1, 2009 as defined in Section 2520.103-6 of the Department of Labor's Rules and Regulations for Reporting and Disclosure under ERISA:

(a)	(b)	(c)	(d)	(g)	(h)	(i)
Identity of party involved	Description of asset (including interest rate and maturity in case of a loan)	Purchase price	Selling price	Cost of asset	Current value of asset on transaction date	Net gain or (loss)
Amer Fds Capwld Gr Fd	16,672 shares	\$ —	\$ 547,679	\$ 616,367	\$ 547,679	\$ (68,688 )
Janus Advisory Forty Fund	63,982 shares	—	1,927,138	1,959,630	1,927,138	(32,492 )
Amer Fds Investment Co of America	50,517 shares	—	1,238,184	1,452,321	1,238,184	(214,137 )
Goldman Sachs Lrg Cap Value	47,833 shares	—	488,381	592,018	488,381	(103,637 )
Amer Fds Small Cap World Fd	16,996 shares	—	510,897	553,094	510,897	(42,197 )
Pimco Commodity Real Return	66,775 shares	—	493,464	665,024	493,464	(171,560 )
Wright Current Income Fund	104,127 shares	—	1,029,817	1,012,207	1,029,817	17,610
Wright Major Blue Chip	201,564 shares	—	2,120,449	2,401,982	2,120,449	(281,533 )
	113,719 shares	—	1,593,203	2,216,675	1,593,203	(623,472 )

Wright Intl B1 Chip  
Eq Fd

Russell Emerging Markets S	23,027 shares	—	384,780	381,488	384,780	3,292
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Note: Columns (e) and (f) are not applicable.



TOMPKINS FINANCIAL CORPORATION  
INVESTMENT AND STOCK OWNERSHIP PLAN  
EIN: 16-1601018  
PLAN #: 002

## FORM 5500 – SCHEDULE H – PART IV

## ITEM 4j- SCHEDULE OF REPORTABLE TRANSACTIONS - YEAR ENDED DECEMBER 31, 2009, Cont'd

(a)	(b)	(c)	(d)	(g)	(h)	(i)
Identity of party involved	Description of asset (including interest rate and maturity in case of a loan)	Purchase price	Selling price	Cost of asset	Current value of asset on transaction date	Net gain or (loss)
Russell Real Estate S	20,113 shares	\$ —	\$ 567,400	\$ 645,831	\$ 567,400	\$ (78,431 )
Pimco Foreign Bond Hedged	58,568 shares	—	602,076	578,291	602,076	23,785
Pimco Total Return Fund	66,642 shares	—	727,737	694,796	727,737	32,941
Pimco Low Duration Fd Admin	6,646 shares	—	67,791	65,408	67,791	2,383
Pimco Real Return Bond Admin	61,852 shares	—	663,666	654,788	654,788	8,878
Amer Beacon Large Cap Value Fd	78,614 shares	—	1,244,458	1,394,607	1,244,458	(150,149 )
Federated Kaufmann CL K	1,046,542 shares	—	4,709,438	5,722,081	4,709,438	(1,012,643)
Federated Total Return Bond Fund	101,604 shares	—	1,103,420	1,067,030	1,103,420	36,390
Western Asset Core Pl Bd PTF	58,536 shares	—	585,946	574,140	585,946	11,806
	46,324 shares	—	523,464	486,850	523,464	36,614

Calamos Market  
Neutral CL A

Note: Columns (e) and (f) are not applicable.

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TOMPKINS FINANCIAL CORPORATION  
INVESTMENT AND STOCK OWNERSHIP PLAN  
EIN: 16-1601018  
PLAN #: 002

## FORM 5500 – SCHEDULE H – PART IV

## ITEM 4j- SCHEDULE OF REPORTABLE TRANSACTIONS - YEAR ENDED DECEMBER 31, 2009, Cont'd

(a) Identity of party involved	(b) Description of asset (including interest rate and maturity in case of a loan)	(c) Purchase price	(d) Selling price	(g) Cost of asset	(h) Current value of asset on transaction date	(i) Net gain or (loss)
Amer Growth Fund	52,076 shares	\$ —	\$ 1,346,690	\$ 1,522,964	\$ 1,346,690	\$ (176,274)
Federated Prime Obligations Fund	3,785,134 shares	—	3,785,134	3,785,134	3,785,134	—
Guaranteed Income Fund	1 purchase*	4,882,742	—	4,882,742	4,882,742	—
Large Cap Blend - Victory	1 purchase*	2,643,913	—	2,643,913	2,643,913	—
Tompkins Financial Corporation	1 purchase*	31,089	—	31,089	31,089	—
Large Cap Growth - Waddle and Reed	1 purchase*	3,273,828	—	3,273,828	3,273,828	—
Amer: Europacific Growth R4	1 purchase*	3,036,558	—	3,036,558	3,036,558	—
Eaton Vance Lg Cap Val A	1 purchase*	2,971,022	—	2,971,022	2,971,022	—
Dryden S&P 500 Index	1 purchase*	1,060,863	—	1,060,863	1,060,863	—
	1 purchase*	3,682,846	—	3,682,846	3,682,846	—

Core Plus Bond -  
Pimco

Mid Cap Value - Frontier	1 purchase*	4,709,437	—	4,709,437	4,709,437	—
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\* Number of shares/units not available.

Note: Columns (e) and (f) are not applicable.

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the Trustees (or other persons who administer the Plan) have duly caused this annual report to be signed on its behalf by the undersigned hereunto duly authorized.

TOMPKINS FINANCIAL CORPORATION INVESTMENT AND STOCK OWNERSHIP PLAN

Administrator: TOMPKINS TRUST  
COMPANY

By: /s/ Francis M. Fetsko

Date: June 28, 2010

Francis M. Fetsko  
Executive Vice President and  
Chief Financial Officer

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Exhibit Number	Description	Page
23.1	Consent of Mengel, Metzger, Barr & Co. LLP	

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